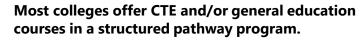
Dual Enrollment at Rural-Serving Institutions in the South: Program Implementation Profile, Goals, and Outcomes

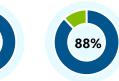
The National Rural Higher Education Research Center surveyed public colleges and universities in Alabama, North Carolina, and Tennessee to understand dual enrollment programs at rural-serving institutions in the South. Overall, 85 colleges responded, a 61% response rate; results here are for the 58 rural-serving institutions that responded.



Dual Enrollment Coursetaking in Rural-Serving Institutions

In TN, where some of the colleges surveyed were technical colleges, 53% of the colleges offer general education courses and courses that lead to a 2- or 4-year degree.





offer general education courses



offer courses as part of a program or pathway leading to a certificate or industry-recognized leading to a 2- or credential



offer courses as part of a general education program or pathway 4-year college degree

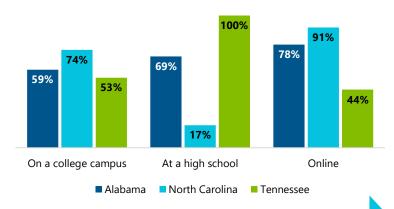
In all three states, most colleges offer at least some dual enrollment classes on their campus. Classes offered at a high school were more common in Alabama and Tennessee while online classes were more common in Alabama and North Carolina.

offer Career and

Technical

Education

(CTE) courses



¹ The types of institutions surveyed varied by state: in Alabama, community colleges and universities; in North Carolina, community colleges; in Tennessee, technical colleges, community colleges, and universities. Rural-serving institutions were identified using the Alliance for Research on Regional Colleges methodology, which relies on a composite of measures related to an institution and its student population.

At most AL and all NC colleges, the majority of dual enrollment students (over 75%) are taught by a college instructor; in TN, the majority of students are taught by a college instructor at half of the colleges. The rest of dual enrollment students are taught by an approved high school instructor.

How to read this graph: Colleges were asked what percentage of their dual enrollment courses were offered in different formats. The height of the bar represents the percentage of colleges that offer 25% or more of their courses in that format. For example, 59% of Alabama colleges said that they offer 25% or more of their dual enrollment courses on a college campus.

Dual Enrollment Goals & Outcomes at Rural-Serving Institutions

Goals for & Perceived Impacts on **Students**



Top **goals colleges have for students** when offering dual enrollment²

100% Increase access to postsecondary education for students facing barriers to college

98% Help students earn college credits early to save time and money

Top **perceived impacts on students** from taking dual enrollment³

98% Increases student confidence that they can succeed in college

Both 95% Increases student knowledge about how college works; Makes college more affordable

Goals for & Perceived Impacts on Colleges



Top **goals colleges have for their institution** when offering dual enrollment²

97% Make the college more attractive to potential students

95% Increase the number of students enrolling in the college

Top **perceived impacts on institutions** from offering dual enrollment³

80% Expands the breadth of course offerings or adds additional course sections

78% Provides additional funding to the school

³ Based on the number of colleges that *Agree* or *Strongly Agree* with a potential impact of offering dual enrollment on participating students or on their institution.









The <u>National Rural Higher Education Research Center</u>, a project at MDRC, partnered with the <u>Early College</u> <u>Research Center</u> at UNC Greensboro to survey 140 colleges in Alabama, North Carolina, and Tennessee in 2025. The research reported here was supported by the Institute of Education Sciences, U.S. Department of Education, through Grant R305C240065 to MDRC. The opinions expressed are those of the authors and do not represent views of the Institute or the U.S. Department of Education.

The researchers thank the Alabama Community College System, the Alabama Commission on Higher Education, the North Carolina Community College System, the Tennessee Higher Education Commission, and the Tennessee Board of Regents for their support of and partnership on the survey.

² Based on the number of colleges rating a goal for offering dual enrollment as Very Important or Extremely Important.

Dual Enrollment at Rural-Serving Institutions in the South: **Student Access to and Success in Dual Enrollment**

The National Rural Higher Education Research Center surveyed public colleges and universities in Alabama, North Carolina, and Tennessee to understand **dual enrollment programs at rural-serving institutions** in the South.¹ Overall, 85 colleges responded, a 61% response rate; **results here are for the 58 rural-serving institutions that responded.**



Recruitment and Advising Strategies Used by Rural-Serving Colleges²

Presentations to students and families in a group setting



Alabama	95%
North Carolina	100%
Tannassaa	000/

Mass communications to students and families



Alabama	89%
North Carolina	72 %
Toppossoo 40%	

Employing a college liaison or dual enrollment coordinator



Alabama	89%
North Carolina	100%
Tennessee	80%

Personal advising



Alabama	78%	
North Carolina		92%
Toppossoo 40%		

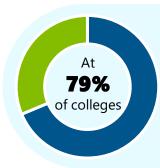
How to read this graph: This graph shows the percentage of colleges offering each type of support. For example, 95% of Alabama colleges recruit students through presentations in a group setting.

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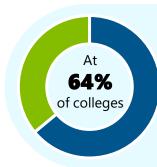
² Colleges could select more than one response.

Most dual enrollment students at rural-serving colleges successfully complete their class and earn college credit.



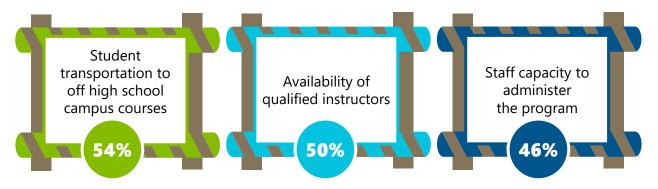


almost all students³
in **general education** courses
successfully earn
college credit



almost all students³
in career and
technical
education (CTE)
courses successfully
earn college credit

Approximately half of rural-serving colleges faced the following barriers to expanding dual enrollment participation: 4



Fewer than half of colleges **(47%)** say that some of their K12 partners provide transportation for dual enrollment students who need it to take classes



⁴ Colleges were asked to choose the extent to which a potential barrier is a current impediment to expanding dual enrollment participation.









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³ 85% or more of dual enrollment students.

Dual Enrollment at Rural-Serving Institutions in the South: College-K12 Partnerships to Support Dual Enrollment

The National Rural Higher Education Research Center surveyed public colleges and universities in Alabama, North Carolina, and Tennessee to understand dual enrollment programs at rural-serving institutions in the South.¹ Overall, 85 colleges responded, a 61% response rate; results here are for the 58 rural-serving institutions that responded.



The majority of rural-serving colleges partner with a variety of K12 education organizations.



76% partner with 3 or more public

school districts



72%
partner with 3 or more
home school groups or
associations



56% partner with 3 or more private schools

In NC, almost all colleges (91%) partner with at least 1 charter school. In AL, over half (53%) partner with at least 1 charter school.



Rural-serving colleges collaborate with their partners in many ways...

...and generally consider their partnerships to be high-quality.



Top ways **colleges collaborate with K12 partners** to support dual enrollment:²

89% Sharing student data

Meetings to discuss program improvements or logistical issues

71% Course scheduling coordination

How colleges view their dual enrollment partnership experiences:³

School, district, and college leaders provide meaningful input on decisions that impact dual enrollment

The needs of all entities are considered when planning dual enrollment

Partnerships with schools and districts are very collaborative

¹ The types of institutions surveyed varied by state: in Alabama, community colleges and universities; in North Carolina, community colleges; in Tennessee, technical colleges, community colleges, and universities. Rural-serving institutions were identified using the <u>Alliance for Research on Regional Colleges methodology</u>, which relies on a composite of measures related to an institution and its student population.

² Based on the number of colleges that reported collaborating *Often* with partners on an activity.

³ Based on the number of colleges that Agree or Strongly Agree with statements about the quality of their dual enrollment partnerships.



Most rural-serving colleges have general or comprehensive agreements with their dual enrollment partners that they update regularly.







Comprehensive agreements with all or nearly all schools or districts that outline key responsibilities and procedures



General agreements with all or nearly all schools or districts that describe partnership terms without detailed procedures

How Often Colleges Update Their MOUs





Leaders at the majority of rural-serving colleges and their K12 partners support expanding dual enrollment options to all eligible students. 5





88%

of **colleges** say their leadership is supportive



84%

of colleges believe leadership at their **district partners** is supportive



84%

of colleges believe leadership at their **high school partners** is supportive

⁵ Based on the number of colleges that *Agree* or *Strongly Agree* with statements about perceptions of dual enrollment at their institution and partners.









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⁴ Memorandums of Understanding, which are written agreements that outline partnership responsibilities and procedures.